

I read today about another new disorder Compulsive Shopping Disorder---so if you go out and spend £300 on a new pair of shoes it is not about being reckless and unable to self-discipline but about being mentally unwell.

What messages are we giving to our children when adults, who can now get into debt without being penalised, but given therapy instead?

This is more about exploring and addressing the underlying cause why these adults spend so much in the first place, probably due to some recent stress trigger. Please let's remedy the root causes of extreme behaviours not medicalise yet again.